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As more states legalize the practice, 19% of U.S. adults say they have bet money on sports in the past year

BY JOHN GRAMLICH



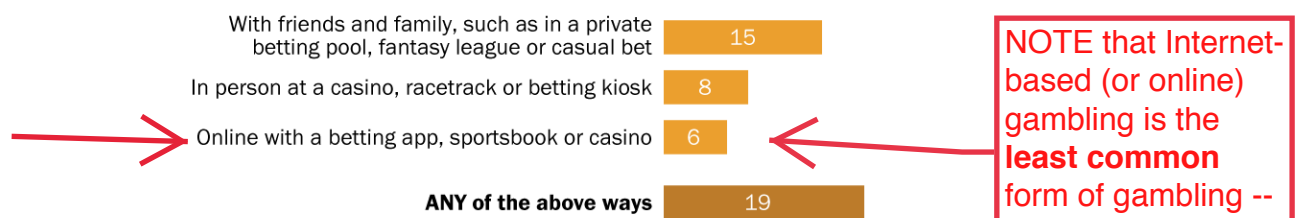
A man reviews a betting guide after placing a wager at the Harrington Raceway and Casino in Harrington, Delaware. (Mark Makela/Getty Images)

Around one-in-five U.S. adults (19%) say they have personally bet money on sports in some way in the last 12 months, whether with friends or family, in person at a casino or other gambling venue, or online with a betting app, according to a new Pew Research Center survey.

The survey comes more than four years after the Supreme Court effectively [legalized commercial sports betting in the United States](#). As of this month, 35 states and the District of Columbia have authorized the practice in some form, with Massachusetts becoming the [latest state to do so](#) in August.

Betting with friends and family is the most commonly reported form of sports gambling in the U.S.

% of U.S. adults who say they have personally bet money on sports in the following ways in the last 12 months



Source: Survey of U.S. adults conducted July 5-17, 2022.

PEW RESEARCH CENTER

Despite the [growth of commercial sports betting](#) in the wake of the Supreme Court's 2018 ruling, the most common way that Americans bet on sports is with friends or family, according to the Center's survey, which was fielded July 5-17 among 6,034 adults. Some 15% of adults say they have bet money on sports with friends or family in the last 12 months, such as in a private betting pool, fantasy league or casual bet. **Smaller shares say they have bet money on sports in person at a casino, racetrack or betting kiosk in the past year (8%) or that they have done so online with a betting app, sportsbook or casino (6%).** All told, 19% of adults have bet money on sports in at least one of these ways in the past year.