## from Twenge et al. (2019):

## Trends in U.S. Adolescents' Media Use, 1976-2016

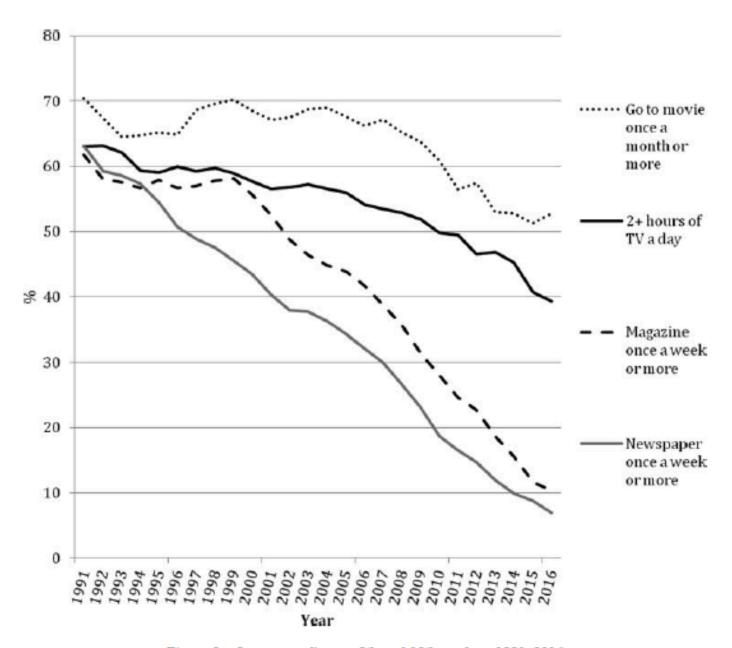


Figure 9. Legacy media use, 8th and 10th graders, 1991–2016.

Image Description: Graph showing the declining percentage of 8<sup>th</sup> and 10<sup>th</sup> graders from 1991 until 2016 who **Go to a Movie** once a month or more, which declined from 70% to a bit above 50%, a 20% decline

Watch TV for 2 or More Hours a Day, which declined from a bit over 60% to around 40%, another 20% decline

**Read a Magazine** Once a Week or More, which declined from a bit over 60% to 10%, more than 50% decline, thereby providing one of the two most dramatic changes in this graph

**Read a Newspaper** Once a Week or More, which declined from a bit over 60% to a bit under 10%, again more than a 50% decline, providing the other most dramatic changes in this graph